

BENJAMIN R. KARNEY

UCLA Department of Psychology, 405 Hilgard Avenue, Los Angeles, California 90095-1563

EDUCATION

- 1990 **B.A., Harvard University**
Psychology, *Magna Cum Laude, Phi Beta Kappa*
- 1992 **M.A., University of California, Los Angeles**
Social Psychology
- 1997 **Ph.D., University of California, Los Angeles**
Social Psychology

EMPLOYMENT

- 1997-2003 Assistant Professor, University of Florida, Gainesville, FL
- 2003-2004 Associate Professor, University of Florida, Gainesville, FL
- 2004-2007 Full Behavioral Scientist, RAND Corporation, Santa Monica, CA
- 2007-present Adjunct Behavioral Scientist, RAND Corporation, Santa Monica, CA
- 2007-present Associate Professor, University of California, Los Angeles, Los Angeles, CA

AWARDS FOR RESEARCH

- 1990-1994 Graduate Fellowship, National Science Foundation.
- 1995 Grant-in-Aid of Research Award, Sigma Xi.
- 1995 Dissertation Research Award, American Psychological Association.
- 1995-1996 Dissertation Year Fellowship, Graduate Division, UCLA.
- 1996 Graduate Award, International Society for the Study of Personal Relationships.
- 1996 New Scholar Award, International Network on Personal Relationships.
- 1996 Reuben Hill Research and Theory Award, National Council on Family Relations.
- 1997 Joseph A. Gengerelli Distinguished Dissertation Award, UCLA.
- 1998 Research Award, College of Liberal Arts and Sciences, University of Florida.
- 1998 Reuben Hill Research and Theory Award, National Council on Family Relations.
- 2000 Research Award, College of Liberal Arts and Sciences, University of Florida.
- 2004 Gerald R. Miller Award for Early Career Achievement, International Association for Relationship Research.
- 2006 Early Career Award, Relationship Researchers Interest Group of the Society for Personality and Social Psychology

PUBLICATIONS

Peer Reviewed Articles

- Bradbury, T. N., & Karney, B. R. (1993). Longitudinal study of marital interaction and dysfunction. Clinical Psychology Review, 13, 15-27.

- Karney, B. R., Bradbury, T. N., Fincham, F. D., & Sullivan, K. T. (1994). The role of negative affectivity in the association between attributions and marital satisfaction. Journal of Personality and Social Psychology, *66*, 413-424.
- Karney, B. R. & Bradbury, T. N. (1995). The longitudinal course of marital quality and stability: A review of theory, method, and research. Psychological Bulletin, *118*, 3-34
- Karney, B. R., Davila, J., Cohan, C. L., Sullivan, K. T., Johnson, M. D., & Bradbury, T. N. (1995). An empirical investigation of sampling strategies in marital research. Journal of Marriage and the Family, *57*, 909-920.
- Karney, B. R., & Bradbury, T. N. (1995). Assessing longitudinal change in marriage: An introduction to the analysis of growth curves. Journal of Marriage and the Family, *57*, 1091-1108.
- Karney, B. R., & Bradbury, T. N. (1997). Neuroticism, marital interaction, and the trajectory of marital satisfaction. Journal of Personality and Social Psychology, *72*, 1075-1092.
- Fincham, F. D., Bradbury, T. N., Arias, I., Byrne, C. A., & Karney, B. R. (1997). Marital violence, marital distress, and attributions. Journal of Family Psychology, *11*, 367-372.
- Davila, J., Karney, B. R., & Bradbury, T. N. (1999). Attachment change processes in the early years of marriage. Journal of Personality and Social Psychology, *76*, 783-802.
- Karney, B. R., & Bradbury, T. N. (2000). Attributions in marriage: State or trait? A growth curve analysis. Journal of Personality and Social Psychology, *78*, 295-309.
- Karney, B. R. & Coombs, R. H. (2000). Memory bias in long-term close relationships: Consistency or improvement? Personality and Social Psychology Bulletin, *26*, 959-970.
- Schulman, J. A., Trujillo, M. J., Karney, B. R. (2001). Facets: Computer software for evaluating assessment tools. American Journal of Health Behavior, *25*, 75-77.
- *McNulty, J. K. & Karney, B. R. (2001). Attributions in marriage: Integrating specific and global evaluations of a relationship. Personality and Social Psychology Bulletin, *27*, 943-955.
- Schulman, J. A. & Karney, B. R. (2001). Gender and attitudes toward medical nutrition therapy in prospective physicians. Journal of the American Medical Women's Association, *56*, 115.
- Karney, B. R. & *Frye, N. E. (2002). "But we've been getting better lately": Comparing prospective and retrospective views of relationship development. Journal of Personality and Social Psychology, *82*, 222-238.
- *McNulty, J. K. & Karney, B. R. (2002). Expectancy confirmation in appraisals of marital interactions. Personality and Social Psychology Bulletin, *28*, 764-775.
- *Frye, N. E. & Karney, B. R. (2002). Being better or getting better? Social and temporal comparisons as coping mechanisms in close relationships. Personality and Social Psychology Bulletin, *28*, 1287-1299.

- *Neff, L.A. & Karney, B. R. (2002). Person perception in close relationships: Specific accuracy but global enhancement. Journal of Personality, 70, 1077-1110.
- *Vogel, D. L. & Karney, B. R. (2002). Demands and withdrawal in newlyweds: Elaborating on the social structure hypothesis. Journal of Social and Personal Relationships, 19, 685-701.
- Schulman, J. A. & Karney, B. R. (2003). Gender and attitudes toward nutrition in prospective physicians. American Journal of Health Behavior, 27, 623-632.
- *Neff, L.A. & Karney, B. R. (2003). The dynamic structure of relationship beliefs: Differential importance as a strategy of relationship maintenance. Personality and Social Psychology Bulletin, 29, 1433-1446.
- Davila, J., Karney, B. R., Hall, T. W., & Bradbury, T. N. (2003). Depressive symptoms and marital satisfaction: Dynamic associations and the moderating effects of gender and neuroticism. Journal of Family Psychology, 17, 557-570.
- *Neff, L. A. & Karney, B. R. (2004). How does context affect intimate relationships? Linking external stress and cognitive processes within marriage. Personality and Social Psychology Bulletin, 30, 134-148.
- *Frye, N. E., & Karney, B. R. (2004). Revision in memories of relationship development: Do biases persist over time? Personal Relationships, 11, 79-98.
- *McNulty, J. K. & Karney, B. R. (2004). "Should I Expect the Best or Brace for the Worst?" The Role of Positive Expectations in the Early Years of Marriage. Journal of Personality and Social Psychology, 86, 729-743.
- Karney, B. R., Kreitz, M. A., Sweeney, K. E. (2004). Obstacles to diversity in marital research: On the failure of good intentions. Journal of Social and Personal Relationships, 21, 509-526.
- Bradbury, T. N. & Karney, B. R. (2004). Understanding and altering the longitudinal course of marriage. Journal of Marriage and Family, 66, 862-879.
- Bradbury, T. N. & Karney, B. R. (2004). Understanding and altering the longitudinal course of intimate partnerships. Social Policy Journal of New Zealand, 23, 1-30.
- Story, L. B., Karney, B. R., Lawrence, E., & Bradbury, T. N. (2004). Interpersonal mediators in the intergenerational transmission of marital dysfunction. Journal of Family Psychology, 18, 519-529.
- *Neff, L. A. & Karney, B. R. (2005). Gender differences in social support: A question of skills or responsiveness? Journal of Personality and Social Psychology, 88, 79-90.
- Johnson, M. D., Cohan, C. L., Davila, J., Lawrence, E., Rogge, R. D., Karney, B. R., Sullivan, K. T., Bradbury, T. N. (2005). Problem-solving skills and affective expressions as predictors of change in marital satisfaction. Journal of Consulting and Clinical Psychology, 73, 15-27.

*Neff, L. A. & Karney, B. R. (2005). To know you is to love you: The importance of global adoration and specific understanding for close relationships. Journal of Personality and Social Psychology, 88, 480-497.

Karney, B. R. & Bradbury, T. N. (2005). Contextual influences on marriage: Implications for policy and intervention. Current Directions in Psychological Science, 14, 171-174.

*Frye, N. E. & Karney, B. R. (2006). The proximal and distal context of aggressive behaviors in marriage: A longitudinal study of newlyweds. Journal of Family Psychology, 20, 12-20.

Karney, B. R. (2007). Not Shifting But Broadening the Focus of Marital Research. Journal of Marriage and Family, 69, 310-314.

*Neff, L. A. & Karney, B. R. (2007). Stress crossover in newlywed marriage: A longitudinal and dyadic perspective. Journal of Marriage and Family, 69, 594-607.

*Frye, N. E., McNulty, J. K., & Karney, B. R. (in press). How do constraints on leaving a marriage affect behavior within the marriage? Journal of Family Psychology.

*McNulty, J. K., Neff, L. A., & Karney, B. R. (in press). Beyond initial attraction: Physical attractiveness in newlywed marriage. Journal of Family Psychology.

*McNulty, J. K., O'Mara, E. M., & Karney, B. R. (in press). Benevolent cognitions as a strategy of relationship maintenance: "Don't sweat the small stuff...but it's NOT all small stuff." Journal of Personality and Social Psychology.

Manuscripts Under Review or in Preparation

*Neff, L. A. & Karney, B. R. (under review). Stress and reactivity to daily relationship events: How stress hinders adaptive processes in marriage.

Rauer, A. J., Karney, B. R., Garvan, C. W., & Hou, Wei (under review). Relationship risks in context: A cumulative risk approach to understanding satisfaction in intimate relationships.

Ramchand, R., Karney, B. R., Caldarone, L. B., & Chan, K. (under review). Prevalence of Post-Traumatic Stress Disorder, Depression, and Traumatic Brain Injury among Service Members in Iraq and Afghanistan: A Critical Review of the Literature.

Karney, B. R. & Crown, J. S. (in preparation). Does deployment harm military marriages? Evidence from Afghanistan and Iraq.

Books and Monographs

Karney, B. R., Garvan, C. W., & Thomas, M. S. (2003). Family Formation in Florida: 2003 Baseline Survey of Attitudes, Beliefs, and Demographics Relating to Marriage and Family Formation. Gainesville, FL: University of Florida.

Karney, B. R., Ellison, M., Gregg, H., Pagano, S., Wunderle, W., & Gerwehr, S. A. (2005) A Framework to Analyze Cross-Cultural Diversity for Intelligence Tradecraft. (DRR-3844-USCA). Santa Monica, CA: RAND Corporation.

Karney, B. R. & Crown, J. S. (2007). Families under stress: An assessment of data, theory, and research on marriage and divorce in the military. (MG-599-OSD). Santa Monica, CA: RAND Corporation.

Karney, B. R., Beckett, M. K., Collins, R. L., & Shaw, R. N. (2007). Adolescent romantic relationships as precursors of healthy adult marriages: A review of theory, research, and programs. (TR433-ACF). Santa Monica, CA: RAND Corporation.

Bradbury, T. N. & Karney, B. R. (forthcoming). Intimate Relationships. New York: W. W. Norton. Expected publication date: Fall, 2008.

Book Chapters

Bradbury, T. N., Cohan, C., & Karney, B. R. (1998). Optimizing longitudinal research for understanding and preventing marital dysfunction. In T. N. Bradbury (Ed.), The developmental course of marital dysfunction (pp. 279-311). New York: Cambridge University Press.

Bradbury, T. N. & Karney, B. R. (1998). Langsschnittuntersuchungen zum verlauf partnerschaftlicher beziehungen. In K. Hahlweg, D. H. Baucom, R. Bastine, H. J. Markman (Eds.), Pravention von trennung und scheidung-internationale ansatze zur pradiktion und pravention von beziehungsstorungen (pp. 67-82). Stuttgart: Kohlhammer.

Karney, B. R., Bradbury, T. N., & Johnson, M. D. (1999). Deconstructing stability: The distinction between the course of a close relationship and its endpoint. In J. M. Adams and W. H. Jones (Eds.), Handbook of interpersonal commitment and relationship stability. (pp. 481-499) New York: Plenum Publishing.

Karney, B. R., McNulty, J. K., & Bradbury, T. N. (2000). Cognition and the development of close relationships. In Clark, M. S. & Fletcher, G. J. O. (Eds.), Blackwell Handbook of Social Psychology, Vol. 2: Interpersonal Processes (pp. 32-59). Oxford: Blackwell Publishers Limited.

Karney, B. R. (2001). The development of depressive symptoms and marital satisfaction in the early years of marriage: Narrowing the gap between theory and research. In S. R. H. Beach (Ed), Marital and family processes in depression (pp. 45-68). Washington, D.C.: APA Books.

Karney, B. R., McNulty, J. K., & Frye, N. E. (2001). A social-cognitive perspective on the maintenance and deterioration of relationship satisfaction. In Harvey, J. H. & Wenzel, A. E. (Eds.), Close, romantic relationships: Maintenance and enhancement (pp. 195-214). Mahwah, NJ: Erlbaum.

Johnson, M. D., Karney, B. R., Rogge, R., & Bradbury, T. N. (2001). The role of marital behavior in the longitudinal association between attributions and marital quality. In Manusov, V. and Harvey, J. H. (Eds.), Attribution, communication behavior, and close relationships (pp. 173-192). New York: Cambridge.

- Karney, B. R. (2001). Personality and marriage. In Smelser, N. J. & Baltes, P. B. (Eds.), International encyclopedia of the social and behavioral sciences. Oxford: Pergamon.
- *Neff, L. A., & Karney, B. R. (2002). Self-evaluation motives in close relationships: A model of global enhancement and specific verification. In Noller, P. & Feeney, J. A. (Eds.), Understanding marriage: Developments in the study of couple interaction (pp. 32-58). New York: Cambridge.
- Karney, B. R., & Springer, S. H. (2004). Should promoting marriage be the next stage of welfare reform? In Crouter, A. C., & Booth, A. (Eds.), Work-family challenges for low-income parents and their children (pp. 243-250). Mahwah, NJ: Lawrence Erlbaum Associates, Inc.
- Karney, B. R. & Bradbury, T. N. (2004). Trajectories of change during the early years of marriage. In Conger, R. D., Lorenz, F. O. and Wickrama, K. A. S. (Eds.), Continuity and Change in Family Relations: Theory, Methods, and Empirical Findings (pp.65-96). Mahwah, NJ: Erlbaum.
- Karney, B. R., McNulty, J. K., & Bradbury, T. N. (2004). Cognition and the development of close relationships. In Brewer, M. B. & Hewstone, M. (Eds.), Social cognition (pp. 194-221). Oxford: Blackwell Publishers Limited. [This is a reprinting of Karney, McNulty, & Bradbury (2000)].
- Karney, B.R., Story, L.B., & Bradbury, T.N. (2005). Marriages in context: Interactions between chronic and acute stress among newlyweds. In T.A. Revenson, K. Kayser, & G. Bodenmann (Eds.), Emerging perspectives on couples' coping with stress (pp. 13-32). Washington DC: American Psychological Association Press.
- Neff, L. A. & Karney, B. R. (in press). Compassionate love in early marriage. In L. Underwood, S. Sprecher & B. Fehr (Eds.), *The Science of Compassionate Love: Research, Theory and Practice*. New York: Blackwell.
- Karney, B. R. (in press). The Vulnerability-Stress-Adaptation Model. In Reis, H. T. & Sprecher, S. K. (Eds.), *Encyclopedia of Human Relationships*. Thousand Oaks, CA: Sage.

Book Reviews

- Karney, B. R. & Bradbury, T. N. (1997) Mapping the human heart (and mind). [Review of Knowledge structures in close relationships, edited by Garth Fletcher and Julie Fitness] Contemporary Psychology, 42, 623-624.
- Karney, B. R. (1998). The lighter side of aggression. [Review of Aversive Interpersonal Behaviors, edited by Robin Kowalski] Contemporary Psychology, 43, 483-484.
- Neff, L. A., & Karney, B. R. (2004). [Review of Opening Skinner's Box: Great Psychological Experiments of the Twentieth Century, by Lauren Slater]. Journal of the American Medical Association, 291, 2492-2493.

Unpublished Manuscripts

Karney, B. R. (2002). The individual and dyadic effects of cognitive complexity in marital interactions.

POLICY BRIEFS

Karney, B. R. (2004) The context of a marriage: Definitions and distinctions. Prepared for MDRC/ABT Strengthening Healthy Marriages Project, March 31, 2004.

Karney, B. R. (2004) The effects of context on marriage: Mechanisms and moderators. Prepared for MDRC/ABT Strengthening Healthy Marriages Project, March 31, 2004.

Karney, B. R. (2004) Psychometric approaches to establishing identity. Prepared for RAND, Santa Monica, May 13, 2004.

Fein, D. & Karney, B. R. (2004) The role of context in supporting healthy marriage. Prepared for MDRC/ABT Strengthening Healthy Marriages Project, May 29, 2004.

Neff, L. A. & Karney, B. R. (2005) Stress and Marital Quality: Guidelines for Promoting Healthy Marriages in Low-Income Populations. Prepared for MDRC/ABT Strengthening Healthy Marriages Project, November 10, 2005.

INVITED PRESENTATIONS

The trajectory of marital satisfaction: Implications of a refined dependent variable in longitudinal research on marriage. Department of Psychology, University of Waterloo, January 1996.

Prospective and retrospective views of the trajectory of marital satisfaction. Department of Psychology, University of Arizona, November 1996.

Prospective and retrospective views of the trajectory of marital satisfaction. Department of Psychology, University of Florida, January, 1997.

Prospective and retrospective views of the trajectory of marital satisfaction. Department of Psychology, University of Texas at Austin, February, 1997.

Prospective and retrospective views of the trajectory of marital satisfaction. Department of Psychology, University of Miami, February 1997.

Memory bias in close relationships: Consistency or improvement? Department of Psychology, University of Florida, October, 1997.

Studying close relationships. Undergraduate Psychology Association, University of Florida, April, 1998.

The development of depressive symptoms and marital satisfaction in the early years of marriage: A growth curve analysis. Presented at the "State of the Art" conference on "Understanding the Marital and Family Context of Depression", University of Georgia, Athens, GA, August, 1998.

Attributions in marriage: State-like or trait-like? Implications of a Growth Curve Analysis. Department of Psychology, University of Florida, October, 1998.

Long-term memory in close relationships: Cognitive and motivational explanations. Department of Psychology, University of Florida, November, 1998.

- Long-term memory in close relationships. Leslie Colloquium, Department of Sociology, University of Florida, November, 1998.
- Lessons from research on close relationships. Psi Chi/Psychology Club, University of Florida, March, 2000.
- Mechanisms of memory bias in marital relationships. Fetzer Institute, Kalamazoo, Michigan, September, 2000.
- The trajectory of marital satisfaction: Prospective and retrospective views. Department of Psychology, University of Florida, October, 2000.
- The trajectory of marital satisfaction: Prospective and retrospective views. Society for Experimental Social Psychology, Preconference on Relationships, Atlanta, GA, October 2000.
- Memory bias and future expectations: The definition of hope in early marriage. Department of Family Science, University of Arizona, November, 2000.
- Using multi-level modeling to examine stable (or not so stable) individual differences in relationships. Presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA, November, 2000.
- Marriages in context: Interactions between chronic and acute stress. Department of Psychology, University of Florida, September, 2001.
- Marriages in context: Interactions between chronic and acute stress. Plenary speaker at the annual meeting of the National Council on Family Relations, Rochester, NY, November, 2001.
- Marriages in context: Interactions between chronic and acute stress among newlyweds. The International Meeting on the Developmental Course of Couples Coping with Stress. Boston College, Chestnut Hill, MA, October, 2002.
- Should promoting marriage be the next stage of welfare reform? National Symposium on Family Issues, Pennsylvania State University, State College, PA, October 2002.
- To know me is to love me: Bias and accuracy in newlywed marriage. Department of Psychology, Harvard University, October, 2002.
- Knowing and adoring: A cognitive/motivational model of compassionate love. Keynote Speaker at the Conference on Compassionate Love, Bloomington, IL, May, 2003.
- Family Demographics in Florida: Economic factors in family formation and maintenance. Governor's Symposium on Strengthening Families, Tallahassee, FL, June, 2003.
- A survey of family formation in Florida: Why here? Why now? Advisory Board of the Family Institute, Florida State University, Tallahassee, FL, September, 2003.
- A survey of family formation in Florida: Why here? Why now? Commission on Marriage and Family Support Initiatives, Tallahassee, FL, October, 2003.
- The implications of federal marriage initiatives on the science of personal relationships. Presented at the annual Personal Relationships Pre-Conference at the Society for Personality and Social Psychology, Austin, TX, January, 2004.
- Relationship maintenance in context: Examining the assumptions of proposals to strengthen low-income marriages. Department of Psychology/Institute for Policy Research, Northwestern University, February, 2004.
- Relationship maintenance in context: Examining the assumptions of proposals to strengthen low-income marriages. Department of Psychology, University of California, Los Angeles, April, 2004.
- Relationship maintenance in context: Examining the assumptions of proposals to strengthen low-income marriages. Phillips Graduate Institute, Los Angeles, April, 2004.
- Relationship maintenance in context: Examining the assumptions of proposals to strengthen low-income marriages. RAND Corporation, Los Angeles, May, 2004.
- Biases for memories of change in the early years of marriage. Presented at the annual meeting of the American Psychological Society, Chicago, IL, May, 2004.
- The implications of federal marriage initiatives on the science of personal relationships. Presented at the annual meeting of the International Association for Relationship Research, Madison, WI, July, 2004.

Gender differences in social support: A question of skill or responsiveness? Presented at the international meeting on Advances in Couples' Coping and Stress Research: Psychosocial and Clinical Perspectives, Milan, Italy, May, 2005.

Family values: Who has them? Who needs them? Presented at the annual Personal Relationships Pre-Conference at the Society for Personality and Social Psychology, Palm Springs, CA, January, 2006.

Marriages in context: How stress affects relationship maintenance. William A. Owen Lecture, University of Georgia, Athens, GA, October, 2006.

Military Marriages Under Stress: Trends in Divorce and Effects of Deployment. Pentagon briefing. Washington, DC, February 2007.

Dyadic Coping in Context. Meeting on Close Relationships and Health: Developing an Integrative Approach to Research and Theory, University of British Columbia, Vancouver, Canada, August, 2007.

Interpersonal Relationships: Considering the Context of Health-Related Behaviors. Meeting on Incorporating Innovative Social Psychological Theory in Cancer Control Research, National Cancer Institute, Washington, DC, September, 2007.

Have Military Divorce Rates Increased Since 9/11? Congressional briefing. Washington, DC, October, 2007.

What's Different About Low-Income Intimate Relationships? Evidence from Survey Research. Center for Research on Vulnerable Populations, University of California, Los Angeles. October, 2007.

PROFESSIONAL SERVICE AND AFFILIATIONS

Editorial Board Member

Personal Relationships (1999-2001)

Journal of Family Issues (1999-present)

Journal of Family Psychology (2001-present)

Journal of Marriage and Family (2003-present)

Journal of Personality and Social Psychology (2005-present)

Specialist Reviewer

Council for International Exchange of Scholars - Fulbright Senior Scholars Awards (1998-2000)

Center for Scientific Review, Special Emphasis Panel ZMH-1 (2001-2002)

Center for Scientific Review, Review Group RPHB-4 (2001-2003)

Center for Scientific Review, Review Group SPIP (2004-2005)

Affiliations

American Psychological Association (1992-present)

American Psychological Society (1996-present)

Association for Advancement of Behavior Therapy (1992-2004)

International Association for Relationship Research (2002-present)

International Network on Personal Relationships (1994-2002)

International Society for the Study of Personal Relations (1994-2002)

National Council on Family Relations (1994-present)

Society for Experimental Social Psychology (2002-present)

Society for Personality and Social Psychology (1993-*present*)

TEACHING EXPERIENCE

Awards for Teaching

2000 Teacher of the Year, Psi Chi/Psychology Club, University of Florida
2003 College of Liberal Arts and Sciences Teacher of the Year, University of Florida

Undergraduate Courses

Introduction to Social Psychology
Seminar: Intimate Relationships

Graduate Courses

Seminar: Intimate Relationships
Seminar: Topics in Social Psychology

*Indicates student co-author.

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